

Tina Clarke RDH M.Ed.
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Tina Clarke RDH, M.Ed is the leading voice in anesthesia dental education. From head & neck anatomy, health histories, and practical tips and tricks to getting anesthesia right every time, Tina employs adult learning principles, equipping her course attendees for success.

A nationally published author, speaker, certified CPR instructor and founder of Teacher Tina RDH, she keeps her skills and knowledge current while continuing to serve the profession as a clinician, educator, trainer, and speaker. In addition, Tina is an approved provider by multiple states to provide education for the initial permit for local anesthesia to dental professionals. As well as the American Academy of Dental Hygiene as a continuing education provider.

Her teaching, training, and presenting style is upbeat and fun, making even the most difficult topics a delight to learn.

Tina has been a clinical dental hygienist for over 20 years and an educator for over 15. She received her bachelor's degree in dental hygiene in 2001 and her master's degree in education in 2013.

COURSE TOPICS:

Local Anesthesia/Pain Management (several course offerings)
Patient Comfort
Head and Neck Anatomy
Extra and Intra-Oral Evaluation
Medical Emergencies
Chairside Education Development

COURSE FORMAT:

In-Person or Virtual
Hands-On options available

CREATING YOUR PROFESSIONAL MASTERPIECE

Keynote Presentation

COURSE DESCRIPTION:

This keynote presentation discusses the essence of personal and professional growth. It emphasizes that our past experiences, knowledge, and skills serve as the foundation for our journey. Just like an artist's initial brush strokes on a canvas, these layers shape our career trajectory.

Moving forward, the presentation encourages exploration. It prompts us to seek out future possibilities, much like an artist exploring different techniques, colors, and styles. By identifying pathways aligned with our passions and aspirations, we can create our own masterpiece—a fulfilling and impactful professional life.

Just as an artist refines their work overtime, our careers evolve through continuous learning, adaptability, and intentional choices.

COURSE OBJECTIVES:

1. Explore the layers of personal and professional experiences
2. Identify future possibilities
3. Make intentional choices

LOCAL ANESTHESIA

HIT ME WITH YOUR BEST SHOT: COMPREHENSIVE REVIEW OF LOCAL ANESTHESIA

Often clinicians shy away from providing local anesthetics to their patients because they aren't confident in their skills, aren't getting patients profoundly numb, or haven't given injections in a long time. This course is designed to empower you to hit your best shot with a review of maxillary and mandibular oral local anesthesia techniques, including a review of patient health considerations and appropriate anesthetic dosage. Participants review anesthetic options and techniques (with video) associated with oral anesthesia. Along with an overview of complications and how to manage them.

Audience: Entire Clinical Team

Level: Intermediate

OBJECTIVES 3–4-hour presentation

After this course the learner will be able to:

1. Identify different non-injectable anesthetic options and their uses in clinical dental care.
2. Select appropriate anesthetic solutions for the patient and clinical procedure.
3. Comprehend the basic principles of giving the following injections: infiltration, ASA, MSA, PSA, IO, NP, AMSA, GP, IA, GG, VA, Long Buccal, Incisive.
4. Identify and manage minor and major complications associated with local anesthesia.
5. Understand contraindications as they relate to local anesthesia.
6. Calculate proper anesthetic dose considering factors such as age, weight, and health status.

LOCAL ANESTHESIA

HIT ME WITH YOUR BEST SHOT: LOCAL ANESTHESIA LANDMARKS AND TECHNIQUES.

COURSE DESCRIPTION

Take your local anesthesia skills to the next level with HIT ME WITH YOUR BEST SHOT: LOCAL ANESTHESIA LANDMARKS AND TECHNIQUES. This engaging course is tailored for dental professionals seeking to build confidence and refine their precision in administering local anesthesia.

Dive deep into the anatomy and landmarks critical for accurate injections, master proven techniques for quadrant anesthesia, and discover strategies to steady your hands for a seamless process. You'll also learn practical tips to enhance patient comfort, creating a positive experience that patients will remember.

Whether you're honing your skills or starting fresh, this course provides the tools and techniques needed to deliver your best shot every time.

COURSE OBJECTIVES

1. Identify anatomical structures and landmarks as they associate with oral local anesthesia.
2. Implement principles of giving common injections for quadrant anesthesia.
3. Employ strategies to gain stability and reduce shaky hands
4. Apply techniques to increase patient comfort.

NUMBER OF HOURS:

2 CEU

FORMAT:

In-Person and/or Virtual

Audience: Entire Clinical Team

Level: Intermediate

LOCAL ANESTHESIA

LOCAL ANESTHETIC OPTIONS FOR THE ORAL HEALTH CLINICIAN

DESCRIPTION:

Understanding which anesthetic is best for your patient can be challenging especially when there are so many options available. This intermediate level course guides the learner through the science of anesthetics used in dentistry, including non-injectable, injectable, and additional solutions to aid in the anesthesia process. Also, attendees gain insights into injection techniques with tips and tricks to effectively administer local anesthesia using atraumatic methods for the patient.

Audience: Entire Clinical Team

Level: Intermediate

OBJECTIVES 60-90 minutes presentation

After this course the learner will be able to:

1. Identify different non-injectable anesthetic options.
2. Identify which injections to select for the clinical procedure.
3. Employ atraumatic injection techniques.
4. Select appropriate anesthetic options for the patient and clinical procedure.

LOCAL ANESTHESIA

TECHNIQUE BASICS OF LOCAL ANESTHESIA

DESCRIPTION:

Technique Basics of Local Anesthesia guides the learner through the fundamentals of local anesthesia. Participants will walk away with information regarding the types of injections, which anatomical structures they anesthetize, and tips for a successful injection.

Audience: Entire Dental Team

Level: Beginner

Length: 60 minutes

OBJECTIVES:

After this course the learner will be able to:

1. Identify the three categories of injections.
2. Identify which anatomical features are anesthetized by the following injections: Supraperiosteal, PSA, IO, MSA, ASA, GP, AMSA, NP, VA, G-G, IA, INCISIVE.
3. Employ strategies for a successful injection.

DENTAL HYGIENE TREATMENT WITH PATIENT COMFORT IN MIND.

DESCRIPTION:

For most people visiting the dental office is one of their worst fears, which leads to missed appointments or waiting until there is no other choice than to go to the “dentist”. With today’s innovative technology and thoughtful treatment processes dental hygienists can provide excellent care keeping the patient comfortable the entire time.

This course reviews different aspects of patient discomfort and how the dental hygienist can address these concerns.

Audience: Dental Hygienist (entire dental team can benefit)

Level: Intermediate

Length: 2 hours

OBJECTIVES:

At the end of this course learners will be able to

1. Identify reasons patients feel discomfort.
2. Employ ways to create a comfortable environment for patient experience.
3. Implement medicaments, techniques, strategies to reduce anxiety and painful experiences in the dental office.

HEAD AND NECK ANATOMY: BACK TO THE BASICS

DESCRIPTION:

As time moves away from those first few terms of college, we often forget the names, location, and functions of the space we spend so much time in, the head and neck region. This course takes the learner back to the basics of anatomy. Now is the time to refresh your ability to identify crucial anatomical structures and their functions. Use this information to improve patient care and document with accurate terminology. Grab a mirror and a pen. You don't want to miss out on this interactive review.

Audience: Entire Clinical Team

Level: Intermediate

Length: 3-4 hours

OBJECTIVES:

After this course the learner will be able to:

1. Identify the location of major features of the head and neck including skull, muscles, vasculature, nerves, glands, and lymphatics.
2. State the function of major features of the head and neck including skull, muscles, vasculature, nerves, glands, and lymphatics.
3. Apply basic anatomical knowledge to aid in diagnosis and treatment.
4. Implement correct terminology for proper documentation.

PREVENT AND PREPARE: MEDICAL EMERGENCIES IN THE DENTAL OFFICE

DESCRIPTION:

Prevention, preparation, and management of emergency situations common in the dental environment is crucial in the dental environment. This course walks the learner through the process to prevent and prepare for medical emergencies which may occur in the dental settings. Students walk away confident in their skills to prevent, prepare, and manage an emergency in the dental office.

Audience: Entire Clinical Team

Level: Intermediate

Length: options for a 2 or 4 hour review.

OBJECTIVES:

After this course the learner will be able to:

1. List measures to prepare for and prevent a medical emergency.
2. Identify the emergency supplies and drugs in the emergency kit and explain how they are used.
3. Discuss medical emergency protocols.
4. Recognize and properly manage common medical emergencies in the dental office.

REMOVING THE ROADBLOCKS OF UNDERSTANDING

DESCRIPTION:

The few precious minutes you have with your patient is your opportunity to be their oral health educator, but there is so little time to create the impact of change they need to make. With a few key pieces of information, you can communicate with your patients in a way that empowers them to implement your health care advice. In this course, learners will learn strategies on being an effective chair side educator, utilizing the same strategies for general education. This course is designed for the entire dental team and will transform how you educate your patients.

Audience: Entire Dental Team

Level: Beginner

Length: 60 minutes

OBJECTIVES:

After this course the learner will be able to:

1. Identify roadblocks to patients understanding their oral health status.
2. Employ strategies to aid in patient understanding of oral health concepts.

HANDS-ON COURSES IN A CLINICAL SETTING ARE AVAILABLE. CONTACT TINA FOR MORE INFORMATION.

1. LOCAL ANESTHESIA REFRESHER
2. LOCAL ANESTHESIA CERTIFICATION
3. MEDICAL EMERGENCY CASE SCENARIO
4. CPR CERTIFICATION/RENEWAL
5. HEAD AND NECK EXAMINATION